



Endovenous Laser Pre-Procedure Patient Instructions

You are scheduled to undergo an endovenous laser procedure to treat your varicose veins. This procedure should take approximately one hour and will be performed in the physician's office. Please follow the following simple instructions in getting ready for your procedure:

1. We have prescribed the following mild sedative:

Valium 5 mg (you will receive two pills)

Please take it the **morning of** your scheduled endovenous laser procedure *and* again **when you arrive** in the office for your appointment.

2. You **must** have someone drive you to and from your appointment.
While the laser procedure will not impair your ability to walk, the local sedative and wrapping of your leg impair your ability to drive safely immediately following the procedure.

3. Please remember to bring the following compression stockings with you: thigh high 20-30mmHg. We will provide a script for you to take to your local H-Care facility.

4. If you have any questions, please call our office at: 810.600.3399